

# How to Use this Life Journal

## Step 1

Find the Scriptures for today in the Bible Reading Plan

## Step 2

Read the passages and open your heart. Jesus will give you words of encouragement, direction and correction. (2 Tim. 3:16)

## Step 3

When Jesus gives you a life lesson, turn to a fresh page in your "Daily Pages" to record what He has just shown you.

Write today's date.

Give your lesson a title.

Write down the main Scripture. (*Scripture*)

Write what you see in the Scripture. (*Observation*)

Write how you will be different today because of what you have just read. (*Application*)

Write out your prayer. (*Prayer*)

## Daily Pages Sample Entry

Date

Title

Page

4/23/08

"Marching Orders"

2

Topic: Prayer

Scripture

What I tell you in the darkness, speak in the light; and what you hear whispered in your ear, proclaim upon the house tops" (Mt. 10:27)

Observation

If I am not hearing Him in the darkness, what will I speak in the light?! If I am not hearing Him whisper in my ear, what will I proclaim on the house tops?!

Application

What a great word! This reminds me to not only talk to God in prayer, but how equally important it is to hear Him in prayer!

Prayer

Dear Jesus, help me to hear You today! I want to be still that I may hear Your marching orders for my day, for my week, for my life. Speak Lord! Your servant is listening!"

"How will I be different today because of what I just read?"